



MSYSA Summer Soccer Academy

2025 Welcome Packet

Thank you for selecting the **MSYSA Summer Soccer Academy** for your 2025 summer camp experience!

The mission of the MSYSA Summer Soccer Academy is to provide comprehensive training across the four pillars of the game—**technical, tactical, physical, and psychological**—for players who are passionate about soccer and committed to improving their game. MSYSA is dedicated to delivering a first-class camp experience to every player.

Our coaching staff is comprised of **ODP coaches** with significant experience and a deep understanding of youth player development. Each coach brings an age-appropriate, player-centered training approach to ensure each camper has fun while learning and growing in the sport. We are also proud to have a certified Athletic Trainer on-site at every session to manage any injuries that may arise.

The 2025 Academy will be held at **Saint James School (17641 College Rd, Hagerstown, MD 21740)**. With its secure, scenic, and compact campus, Saint James is the perfect host for our immersive training week.

Please review the information below and don't hesitate to reach out with any questions. I look forward to welcoming each of you to camp this summer in Hagerstown!

Yours in soccer,

Jimmy Shiflett

Summer Soccer Academy Director

Jimmy@msysa.org

Sample Daily Schedule (See Attached Campus Map)

Sunday

- **2:00 – 4:00 PM:** Check-In (#13 Alumni Hall Gym)
→ Roommate requests honored from registration. No day-of changes unless approved by Director.
- **4:30 – 5:00 PM:** Parent/Player/Staff Meeting (#11 Kerfoot – Outside on the Hill)
- **5:00 – 5:45 PM:** Dinner (Bring gear for training)
- **6:15 – 6:30 PM:** Assemble for Training (Main Turf Stadium)
- **7:00 – 8:30 PM:** Evening Session
- **9:00 – 9:45 PM:** Snack Bar Open (#13 Alumni Hall Gym)
- **10:00 PM:** Lights Out

Monday – Wednesday

- **7:00 AM:** Wake-Up
- **7:45 – 8:45 AM:** Breakfast
- **9:15 AM:** Assemble for Training
- **10:00 – 11:30 AM:** Session #1
- **12:00 – 12:45 PM:** Lunch
- **2:00 – 3:30 PM:** Session #2
- **3:30 – 4:00 PM:** Daily Competition (Stadium)
- **5:00 – 5:45 PM:** Dinner
- **6:15 PM:** Assemble for Training
- **7:00 – 8:30 PM:** Session #3
- **9:00 – 9:45 PM:** Snack Bar Open (#13 Alumni Hall Gym)
- **10:00 PM:** Lights Out

Thursday

- **7:00 AM:** Wake-Up
- **7:30 – 8:30 AM:** Breakfast
- **9:30 – 11:00 AM:** 4v4 Tournament Scramble (Parents encouraged to watch!)
- **11:00 AM – 1:00 PM:** Check-Out

Note: Camp closes at the stadium following the Thursday morning session. Campers not picked up by 1:00 PM will be charged **\$100 per 30 minutes** past 1:00 PM.

Day Campers:

- **Sunday Drop-Off:** During regular check-in
 - **Mon–Wed:** Drop-off at 9:00 AM / Pick-up at 9:00 PM (#13 Alumni Hall Gym)
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Check-In Requirements

Please **complete or bring** the following at Sunday check-in:

- **Medical History Questionnaire** (completed online in advance)
- **Medication Administration Authorization Form** (one for **each medication**, signed by a licensed medical professional)
 - Emergency self-carry meds (e.g. epi-pens, inhalers) must also have a completed form
- **Rooming Damage Acknowledgement Form**

ALL ITEMS ABOVE CAN BE SUBMITTED AHEAD OF TIME VIA EMAIL

Per COMAR regulations, campers are responsible for **self-administering medication** under non-medical adult supervision. All medications (except emergency carry) must be stored by staff.

Packing List

Label all personal items. Each camper receives:

- (4) Academy shirts
- (1) Soccer ball (At the end of the week)

Personal Items

- Toiletries: Toothbrush, toothpaste, floss, deodorant, towel
- Bedding: Long twin sheets, blanket, pillow
- Alarm (phone or traditional)
- Casual clothes & your favorite soccer jerseys (for Jersey Day!)
- Soccer gear: Shorts, socks, shin guards, cleats, **indoor shoes** (for inclement weather)
- Slides or flip-flops (cleats not permitted indoors)
- Sunscreen
- Bug Spray
- Refillable water bottle or jug (water/ice provided at all fields)
- Portable fan (Rooms have A/C)
- Small cash (\$1s and \$5s) for snack bar
- Cell phone (use limited to non-training times)
- Chargers for devices