

# **WorldStrides**

# TRIP DETAILS

TEAM NAME: MD ODP U16/17 Girls

(09/10)

**DEPART DATE:** 3/29/2026

**RETURN DATE:** 4/6/2026

**NUMBER OF DAYS: 9** 



# YOUR DAY-BY-DAY ADVENTURE

#### DAY 1

#### Flight to Amsterdam

Please note: the final itinerary may be slightly different from this program as it will be determined based on the size of the group, any adjustments that are required (such as adding additional matches), and the final schedule of the matches. (These activities outlined are place holders; sporting content may move to a different day based on opposition availability and pro game schedules. If additional matches are required, then some sightseeing content will be replaced).

#### DAY 2

Check in at Hotel Arrive in the greater Amsterdam area that will be your base for the next seven nights. Welcome Meeting Begin with a welcome meeting and orientation. Enjoy free time to explore the area around the hotel.

**Training Session** Participate in a Training Session at a local field led by your coaching staff.

Dinner

## DAY 3

## **Breakfast at Hotel**

Canal Cruise Relax on the Amsterdam 100 Highlights Cruise which passes all of Amsterdam's famous attractions including canal houses from the Golden Age, the Westerkerk and Anne Frank's House. Leidseplein Explore a busy square at the southern

end of Amsterdam's central canal ring. Leidseplein translates roughly as Leiden Square, as it sits at the end of Leidsestraat which, throughout much of the history of the square, was the main road to the town of Leiden.

**Friendly Match** We will play a Friendly Match against a local club or academy team. The team will meet and compete against athletes of similar ages and skill levels.

Dinner

# DAY 4

### **Breakfast at Hotel**

**Training Session** Participate in a Training Session at a local field led by your coaching staff.

Ajax Stadium Tour During the tour, see the press room where press conferences take place before each match; visit the control room of the stadium; look at the pitch from the ArenA's highest seat and often observe first Ajax team training, depending on the actual training schedule. Tour concludes in the official Ajax Fan Shop, featuring Ajax clothes, sports equipment and gadgets.

Dinner

#### DAY 5

#### Breakfast at Hotel

Travel to Volendam

**Volendam** We will enjoy some free time to explore the maze of narrow, medieval streets, wooden houses and canals where the past seems to come alive.

Friendly Match Dinner

#### DAY 6

#### **Breakfast at Hotel**

The Hague Walking Tour Venture through the heart of the city which contains historic architecture from the medieval, renaissance, and Baroque periods. On our walk we will cross the Plein, stroll along the Lange Poten to the Hofweg, before viewing the Hofvijer reflecting pool in front of the stately Binnenhof.

Attend A Professional Match Attend a professional soccer match featuring teams from the top leagues. Dinner

# DAY 7

## **Breakfast at Hotel**

**Professional Coaching Clinic** Participate in a special Coaching Clinic with a guest coach, player or instructor. The clinic will be designed exclusively for the team and to enhance skills in areas identified by the coaching staff.

Street Art and Graffiti Museum (STRAAT) visit The Street Art and Graffiti Museum in Amsterdam is a vibrant and expansive space dedicated to urban art.

Attend a Women's Professional Match Dinner

# DAY8

# **Breakfast at Hotel**

Van Gogh Museum Visit the Van Gogh Museum, which houses an unrivaled collection of 200 paintings and 400 drawings by the famous Dutch artist

Friendly Match Dinner

# DAY 9

# **Breakfast at Hotel**

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.



# AN ALL-INCLUSIVE EXPERIENCE



ROUND TRIP TRANSPORTATION



ACCOMMODATIONS



ATHLETE FRIENDLY MEALS



GROUND TRANSPORTATION TO AND FROM ALL ACTIVITIES



ALL ADMISSIONS AND FEES FOR SCHEDULED ACTIVITIES



EXPERTLY TRAINED TOUR DIRECTORS





ACADEMIC CREDIT